

Statistics Report 09110, Goji berries, dried

Report Date: June 30, 2017 06:34 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	7.50	--	--	--	--	--	--	--	--	Calculated or imputed	09030	12/2014
Energy	kcal	349	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Energy	kJ	1461	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Protein	g	14.26	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Total lipid (fat)	g	0.39	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Ash	g	0.78	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Carbohydrate, by difference	g	77.06	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014

Lipids

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Amino Acids													
Threonine 1	g	0.358	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Isoleucine 1	g	0.261	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Leucine 1	g	0.456	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Lysine 1	g	0.233	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Methionine 1	g	0.087	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Cystine 1	g	0.144	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Phenylalanine 1	g	0.271	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Tyrosine 1	g	0.222	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Valine 1	g	0.316	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Arginine 1	g	0.722	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Histidine 1	g	0.157	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Alanine 1	g	0.698	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Aspartic acid 1	g	1.711	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Glutamic acid 1	g	1.431	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Glycine 1	g	0.304	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Proline 1	g	1.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Serine 1	g	0.498	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014

Sources of Data
¹AZChia Amino acid analysis of goji berries, 2012